



UNDERSTANDING ROLES

LESSON THREE

Summary

In this lesson, you will learn about the different roles that people can play when it comes to bullying behavior. You will learn more about how people in different roles interact in a bullying situation. You will also explore the importance of reporting bullying behavior so that we can work together to stop bullying.

DISCUSSION QUESTIONS

Name the different roles that people can play in bullying situations.

What is a bystander?

Why is the bystander role so important?

What kinds of things can we do to support someone who experienced bullying behavior?



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Review of Key Ideas

ROLES

There are six different roles involved in bullying behavior.

Person Engaging Bullying Behavior – someone who repeatedly engages in unwanted, aggressive behavior and tries to display power over someone else

Person Experiencing Bullying Behavior – someone who experiences bullying behavior

Bystander – someone who witnesses bullying behavior in the moment that it is happening

Hero – someone who helps others by speaking or acting in a courageous, noble way

Supporting Adults – someone who is familiar with and equipped to support the prevention and ending of bullying

Law Enforcement – departments or people who enforce laws and can legally provide support



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CLASS ACTIVITY:

Understanding Roles

INSTRUCTIONS

Divide into small groups and review the six roles involved in bullying behavior. Then work together to answer these questions.

Person Engaging in Bullying Behavior

What might they do in a bullying situation? _____

What could they do to help the situation? _____

Person Experiencing Bullying Behavior

What might they do in a bullying situation? _____

What could they do to help the situation? _____

Bystander

What might they do in a bullying situation? _____

What could they do to help the situation? _____

Hero

What might they do in a bullying situation? _____

What could they do to help the situation? _____

Supporting Adult

What might they do in a bullying situation? _____

What could they do to help the situation? _____

Law Enforcement

What could they do to help the situation? _____



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Home Activity

Answer the following reflection questions.

Can you think of a bullying situation that you have been a part of?

What role did you play? *(If more than one, list all the roles you remember playing.)*

What actions did you take?

Based on what you learned in this lesson, what could you do differently if the situation were to happen again?
